

News from Cricklade Children's Centre

'Supporting families with under 5 yr olds in Cricklade and surrounding villages'

Our family support worker will be visiting local toddler groups on a monthly basis with the 'Wiltshire Bookshare Scheme'. Join the scheme and you will be able to borrow books for free and keep them for as long as you like, If your child loves a particular book they can keep it, all we ask is you let us know. You can also pop into the centre and borrow books there.

Expecting a Baby or Breastfeeding?

'**Bumps to Breastfed Babes**' is a weekly social group for breastfeeding mums and pregnant women considering breastfeeding their babies. Trained, caring breastfeeding peer supporters are on hand to offer information and support, and it is a friendly and welcoming environment in which to make friends or simply enjoy a chat over tea and biscuits.

Most new mums try to breastfeed their newborns but it can be difficult to know where to turn to for honest and practical advice. We aim to ensure mums have an enjoyable and fulfilling breastfeeding journey for as long as they would like to continue. The peer supporters are mums themselves who have breastfed their own children and will offer a sympathetic ear, as well as signposting mums to up to date information and further means of support if necessary.

If you are expecting a baby and want to know more about breastfeeding, the group could also be for you. The peer supporters are happy to talk through choices and options, and you will also have the chance to meet some other mums with whom you can share this exciting, joyful and sometimes bewildering time.

The group meets every Friday morning at Cricklade Children's Centre, drop in at any time between 10 - 11.30. Older pre-school age children are welcome, there are plenty of toys for them to play with too!

'**All you need to know about breastfeeding**' a session delivered by a breastfeeding counsellor for mum's to be (partners or other family members welcome). The session will give you information to help you make an informed choice about feeding your baby and prepare you prior to baby's arrival. **7-9pm Tuesday 19th Nov Cricklade Children's Centre (Booking essential).**

'Join The Big Orange Family Treasure Hunt Stomp'

Saturday 12th Oct between 10-11:30am at **Cricklade Children's Centre, Bath Road** for our annual fundraising event. Siblings welcome.

- Wear your wellies and have great fun seeing if you can spot all the Stompys' hiding in the shops and library the High Street?
- Make your own 'Stompys' back at the centre to take home.
- All dads, granddads, uncles and male carers who come along will get a free gift – Hooray!!
- Get yourself sponsored or pay a small charge on the day. Prize for the family who raises the most money.
- Get your hair sprayed a funny colour (over 3's only & chargeable)



October half term what are you doing??

Parents told us they wanted more activities the school holidays. Come along to our Free Fantastic Journeys Craft event. Bring your under 5's (siblings up to age 11 welcome), to the centre on **Tuesday 29th October 10:30-12noon** and see what you can create.

Toddler Taming

Parenting can be stressful if you would like help to manage tantrums, routines, sleep, eating, behaviour and much more join our relaxed course starting **Thursday 14th Nov 12:45 – 2:45** at the centre. Please contact the centre if you would like to attend but need help with transport.

Tel: 01793 759187

Email: cricklade@spurgeons.org

Website: www.crickladecc.org

*The centre is situated to the rear of St Sampson's Infant School next door to Thames Preschool. Please park in Whitehorse Road and access the centre from the footpath that runs behind the cemetery. A map is on the website.
(sorry no access or parking in/ through the school)*